

## Information Sheet for General Public Queries

### on Adult and Further Education and Training Opportunities

The General Public Information Service of Limerick City Adult Education Information and Guidance Service (AEIGS) is currently suspended.

We regret that the service is unable to deal with individual requests for information at this time, through its Drop-In, email or Information-line services.

- If you require up to date information on adult and further education and training courses available in Limerick and Clare, through Limerick and Clare Education and Training Board, go to [www.fetchcourses.ie](http://www.fetchcourses.ie)
- For FREE English Classes for Speakers of other Languages (ESOL) contact-

Full-time Free ESOL - <http://vtoslimerickcity.ie/> Call: 061-419933

Part-time Free ESOL –FET Centre, O’Connell Avenue, Limerick  
[www.limerickcityaes.ie/ESOL--Part-Time.aspx](http://www.limerickcityaes.ie/ESOL--Part-Time.aspx) - Call: 061-315358

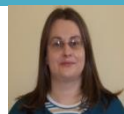

- For other part-time adult education courses or training opportunities which might be available throughout the year by other organisations or community and voluntary groups in Limerick or Clare, we also recommend;
  - Following us on Facebook at [www.facebook.com/AEIGS](http://www.facebook.com/AEIGS)
  - Limerick Community Education Network -  
<https://www.facebook.com/LCENLimerick/>
  - Clare Adult Guidance and Information Service  
[www.clareguidance.ie](http://www.clareguidance.ie) Tel: 065-6897617
  - County Limerick Adult Education Guidance Service  
[learninginfolimerickcounty@lcetb.ie](mailto:learninginfolimerickcounty@lcetb.ie) Tel: 069 62667
  - Checking out local newspapers like the Limerick Post  
[www.limerickpost.ie](http://www.limerickpost.ie) or Clare Champion [www.clarechampion.ie](http://www.clarechampion.ie)

- For adult, further or higher education courses offered by other providers in the region or nationally, go to <http://www.onestepup.ie/> - **Freephone 1800 303669**  
[www.careersportal.ie](http://www.careersportal.ie)  
[www.qualifax.ie](http://www.qualifax.ie)
- For postgraduate courses, i.e., if you have a degree already and you want to undertake a higher level qualification at Level 9/10, go to [www.gradireland.com](http://www.gradireland.com).

If you are -

- over 16
- living in Limerick City
- not in education elsewhere
- thinking about returning to education as an adult

and you want guidance to help you decide the best options for you, you can make an appointment with the Adult Guidance Counsellor for your area.

Location	Name	Phone	E-mail	
South City	Lorraine	087 9377277	lorraine.odonoghue@lcebt.ie	
North City	Ger	087 9812020	gerard.mcnamara@lcebt.ie	
City Centre King's Island/Garryowen	Emma	087 9812056	emma.maher@lcebt.ie	



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